## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>®</sup> WEAVER RANDELL						2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> INTERNATIONAL INC [NAII]									heck all C	applicable lirector	tor 10% Own		Owner
(Last) (First) (Middle) 1185 LINDA VISTA DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 02/15/2005										officer (give elow)	e title Presi	belo	r (specify w)
(Street)					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person				
SAN MARCOS CA 92078 (City) (State) (Zip)															F	Form filed by More than One Reporting Person			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) Date (Month/Day					Execut			Date,	Transaction I Code (Instr. a			4. Securities Acquired ( Disposed Of (D) (Instr. and 5)			Se Be Ov	Amount o curities neficially vned llowing		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		A) or D)	Price	Re Tr	ansaction str. 3 and	(s)	(1130 - 4)	(1130.4)
Common Stock 02/15/20					2005	)05			Р		170		Α	\$ <mark>6</mark>	.5	21,170		D	
Common Stock 02/15/20					2005	005			Р		830		Α	\$ <mark>6</mark> .	52	22,000		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, n/Day/Year)		4. Transaction Code (Instr. 8)		mber rative rities ired r osed ) :. 3, 4 5)	6. Date Exercisa Expiration Date (Month/Day/Year		te	Amou Secur Unde Deriv Secur	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amour		8. Price of Derivat Securit (Instr. 5	ive Secur y Benef 5) Owne Follo Repo Trans	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4)	Beneficial Ownership
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	or	nber					

Explanation of Responses:

/s/ John Reaves on behalf of

Mr. Weaver under a Power of 02/16/2005

<u>Attorney</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.