

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 10-QA

AMENDED QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(D) OF
THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended September 30, 1995

OR

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES EXCHANGE ACT OF 1934

Commission file number 0-15701

NATURAL ALTERNATIVES INTERNATIONAL, INC.
(Exact name of registrant as specified in its charter)

Delaware
(State of other jurisdiction of
incorporation or organization)

84-1007839
(I.R.S. Employer
Identification No.)

1185 Linda Vista Drive, San Marcos, California 92069
(Address of principal executive offices)
(Zip Code)

(619) 744-7340
(Registrant's telephone number, including area code)

Indicate by check mark whether the Registrant (1) has filed all reports
required to be filed by Section 13 or 15(d) of the Securities Exchange Act of
1934 during the preceding 12 months (or for such shorter period that the
registrant was required to file such reports), and (2) has been subject to
such filing requirements for the past 90 days.

Yes No

5,279,875

(Number of shares of common stock of the registrant outstanding
as of October 31, 1995)

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NATURAL ALTERNATIVES INTERNATIONAL, INC
PART II - OTHER INFORMATION

ITEM 6. EXHIBITS AND REPORTS ON FORM 8-K

(a) Exhibits: The following exhibits are filed herewith:

- 11.1. Computation of per share earnings for the quarter ended
September 30, 1995.
- 11.2. Computation of per share earnings for the quarter ended
September 30, 1994.
- 27.0. Financial Date Schedule

(b) No reports on Form 8-K were filed during the quarter ended September 30, 1995.
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

NATURAL ALTERNATIVES INTERNATIONAL, INC.

:/s MARK A. LE DOUX Date: January 4, 1996
Mark A. Le Doux
President

:/s WILLIAM P. SPENCER Date: January 4, 1996
William P. Spencer
Executive Vice President

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