FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
OMB Number: 3235-02								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Borg Edward  (Last) (First) (Middle)  600 SOUTH US HIGHWAY 1, APT, 609						2. Issuer Name and Ticker or Trading Symbol NATURAL ALTERNATIVES INTERNATIONAL INC [ NAII ]  3. Date of Earliest Transaction (Month/Day/Year) 03/08/2016										all app	blicable) tor er (give title	X 10% C Other		Owner (specify	
(Street) JUPITER (City)		3	3477 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)										Form	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution			ate,	3. Transaction Code (Instr. 8)		4. Securities Acquired ( Disposed Of (D) (Instr. 3 and 5)				3, 4 Secu Bend Own		icially d	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount		A) or D)	Price	'	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(111501.4)		
Common Stock 03/08				03/08/2	016				S		16,472	2	D	\$11	.75	89	898,053		D		
Common Stock 03/09				03/09/2	016				S		10,696	5 D \$		\$11	.77	887,357(1)		<b>D</b> <sup>(1)</sup>			
Common	mmon Stock															22,847			<b>I</b> (2)	By Wife <sup>(2)</sup>	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any				ransaction of Derivar Securii Acquir (A) or Dispos of (D) (Instr. and 5)			6. Date Expiration (Month/D	n Da Oay/Y	ear)	Amount of Securities Underlying Derivative Security (Instr 3 and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	F C C C C C C C C C C C C C C C C C C C	10. Ownership Form: Direct (D) or Indirect (I) (Instr.	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

- 1. Following the transaction Mr. Borg is the direct beneficial owner, for Section 16 (b) reporting purposes, of an aggregate of 887,357 shares of common stock (884,557 in his Keogh account and 2,800 in his IRA account).
- 2. Mr. Borg may be deemed to be the indirect beneficial owner of the 22,847 shares held by his wife, Barbara B. Borg. Mr. Borg disclaims any pecuniary interest in the shares held by his wife.

/s/ Edward Borg

03/10/2016

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.