FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Borg Edward						2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> <u>INTERNATIONAL INC</u> [NAII]									heck all : Di	ship of Reporti applicable) rector	•	X 10% C	Owner
(Last) (First) (Middle) 600 SOUTH US HIGHWAY 1, APT. 609					3. Date of Earliest Transaction (Month/Day/Year) 01/11/2016											Officer (give title below)		Other below)	(specify)
(Street) JUPITER FL 33477 (City) (State) (Zip)				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) <mark>X</mark> Fo Fo	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) Date (Month/Date)						Execution Date,			Code (Ir	Transaction Dispose Code (Instr. and 5)		ities Acquired (d Of (D) (Instr. 3			Sed Bei Ow Fol	Amount of curities neficially ned llowing ported	Fo (D) Ind	Ownership orm: Direct) or direct (I) str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		(A) or (D)	Price	● Tra	saction(s) r. 3 and 4)			
Common Stock 01/11/2									S		3,400		D	\$1	1 1	1,145,293(1)		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	vivative Conversion Date Execut curity or Exercise (Month/Day/Year) if any		emed 4. Transac Code (I 8)		nstr.	str. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) Amoun or Numbro of Title		ount nber	8. Price of Derivati Security (Instr. 5	Beneficiall	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Following the transaction Mr. Borg is the direct beneficial owner, for Section 16 (b) reporting purposes, of an aggregate of 1,122,446 shares of common stock (1,119,646 in his Keogh account and 2,800 in his IRA account). In addition, Mr. Borg may be deemed to be the indirect beneficial owner of the 22,847 shares held by his wife, Barbara B. Borg. Mr. Borg disclaims any pecuniary interest in the shares held by his wife.

/s/ Edward Borg

** Signature of Reporting Person Da

<u>01/12/2016</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.