SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13G

INFORMATION STATEMENT PURSUANT TO RULES 13d-1 AND13d-2 UNDER THE SECURITIES EXCHANGE ACT OF 1934

NATURAL ALTERNATIVES INTERNATIONAL, INC.

(Name of Issuer)

Common Stock, \$.001 Par Value
----(Title of Class of Securities)

638842302

(CUSIP Number)

August 13, 2001

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

- |_| Rule 13d-1 (b)
- |_| Rule 13d-1 (d)

PERSON

224,200

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to the "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 63884230	02	13G	Page 2 of 8
1 NAME OF REPORT S.S. OR I.R.S.		NO. OF ABOVE PERSON	
Trust U/W of V	Vincent Terranova		
2 CHECK THE APPR	ROPRIATE BOX IF A	MEMBER OF A GROUP*	(a) X (b) _
3 SEC USE ONLY			
4 CITIZENSHIP OF	R PLACE OF ORGANIZ	ZATION	
New York			
	5 SOLE VOTING	POWER	
	224,200		
NUMBER OF SHARES BENEFICIALLY OWNED BY	6 SHARED VOTIN	NG POWER	
******	7 SOLE DISPOSE	ITIVE POWER	·

8 SHARED DISPOSITIVE POWER

9 AGGREGATE AM	IOUNT	BENEFICIALLY OWNED BY EACH REPORTING PERSON	
224,200			
10 CHECK BOX IF	THE	AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*	 _
11 PERCENT OF C	LASS	REPRESENTED BY AMOUNT IN ROW (9)	
3.9%			
12 TYPE OF REPO	RTING	G PERSON*	
00 Trust			
		*SEE INSTRUCTIONS BEFORE FILLING OUT	
		SCHEDULE 13G	
CUSIP No. 638842	302	13G Page	2 of
1 NAME OF REPO S.S. OR I.R.		FERSON ENTIFICATION NO. OF ABOVE PERSON	
Carl J. Terr	anova	1	
2 CHECK THE AP	'PROPR		(a) X (b) _
3 SEC USE ONLY			
4 CITIZENSHIP	OR PI	ACE OF ORGANIZATION	
United State	:S		
	5	SOLE VOTING POWER	
		180,700	
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	6	SHARED VOTING POWER	
	7	SOLE DISPOSITIVE POWER	
		180,700	
	8	SHARED DISPOSITIVE POWER	
		BENEFICIALLY OWNED BY EACH REPORTING PERSON	
180,700	100111	BENEFICIALE ONNER BY BION NEIGHTING TENOON	
		ACCRECAME AMOUNT IN DOW (0) EVOLUDES CEDITAIN CHARECT	
IO CHECK BOX IF	THE	AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*	
	LASS	REPRESENTED BY AMOUNT IN ROW (9)	
3.2% 			
12 TYPE OF REPO	RTING	G PERSON*	

*SEE INSTRUCTIONS BEFORE FILLING OUT

Item 1(a). Name of Issuer:

Natural Alternatives, Inc.

Item 1 (b). Address of Issuer's Principal Executive Offices:

1185 Linda Vista Drive San Marcos, CA 92069

- Item 2 (a). Name of Person Filing:
 - (i) Trust U/W of Vincent Terranova
 - (ii) Carl J. Terranova
- Item 2 (b). Address of Principal Business Office or, if None, Residence:

The business address of Carl J. Terranova and the Trust U/W of Vincent Terranova is P.O. Drawer H, Valley Cottage, New York 10989.

- Item 2 (c). Citizenship:
 - (i) Carl J. Terranova is a United States citizen.
 - (ii) Trust U/W of Vincent Terranova is a trust created under the laws of the State of New York.
- Item 2 (d). Title of Class of Securities:

Common Stock

Item 2 (e). CUSIP No:

638842302

- Item 3. If this statement is filed pursuant to Sec. 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:
 - (a) | | Broker or dealer registered under Section 15 of the Act.
 - (b) | Bank as defined in Section 3(a)(6) of the Act.
 - (c) | Insurance Company as defined in Section 3(a)(19) of the Act.
 - (d) |_| Investment Company registered under Section 8 of the Investment Company Act.
 - (e) $|_|$ Investment Adviser in accordance with Sec. 240.13d-1(b)(1)(ii)(E).
 - (f) |_| Employee Benefit Plan or Endowment Fund in accordance with Sec. 240.13d-1 (b) (1) (ii) (F).
 - (g) |_| Parent holding company, in accordance with Sec. 240.13d-1 (b) (ii) (G).
 - (h) $\ \ |_{-}|$ A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act.
 - (i) $|_|$ A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act of 1940.
 - (j) |_| Group, in accordance with Sec. 240.13d-1(b)(1)(ii)(J).

Item 4. Ownership

- (a) Amount beneficially owned: The reporting persons in the aggregate beneficially own 404,900 shares of Common Stock.
- (b) Percent of Class: The reporting persons in the aggregate beneficially own 7.0% of the issuer's Common Stock.
- (c) Number of shares as to which the Trust U/W Vincent Terranova has:

- (i) Sole power to vote or to direct the vote: 224,200
- (ii) Shared power to vote or to direct the vote: 0
- (iii) Sole power to dispose or to direct the disposition: 224,200
- (iv) Shared power to dispose or to direct the disposition of: $\mathbf{0}$

Number of shares as to which Carl J. Terranova has:

- (i) Sole power to vote or to direct the vote: 180,700
- (ii) Shared power to vote or to direct the vote: 0
- (iii) Sole power to dispose or to direct the disposition: 180,700
- (iv) Shared power to dispose or to direct the disposition of: $\boldsymbol{0}$
- Item 5. Ownership of Five Percent or Less of a Class.

Not Applicable.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Not Applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Reported on the Parent Holding Company.

Not Applicable.

Item 8. Identification and Classification of Members of the Group.

See Exhibit A.

Item 9. Notice of Dissolution of Group.

Not Applicable.

Item 10. Certification.

By signing below, each of the reporting persons hereby certifies that, to the best of its knowledge and belief, the securities referred to above were not acquired and are not being held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

After reasonable inquiry and to the best of the undersigned's knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete, and correct.

Dated: August 22, 2001

TRUST U/W VINCENT TERRANOVA

By: /s/ Robert Becht

Name: Robert Becht Title: Trustee

/s/ Carl J. Terranova

Carl J. Terranova

Exhibit Index

Identification and Classification of Members of the Group

- 1. Trust ${\tt U/W}$ of Vincent Terranova is a trust established under the laws of the State of New York.
- 2. Carl J. Terranova is an individual.