UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

DATE OF REPORT (Date of earliest event reported): OCTOBER 24, 2005

000-15701 (Commission file number)

NATURAL ALTERNATIVES INTERNATIONAL, INC.

(Exact name of registrant as specified in its charter)

Delaware (State of incorporation)

84-1007839 (IRS Employer Identification No.)

1185 Linda Vista Drive San Marcos, California 92078 (Address of principal executive offices)

(760) 744-7340 (Registrant's telephone number)

provisions:				
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following

Item 2.02. Results of Operations and Financial Condition.

On October 24, 2005, the registrant issued a press release announcing financial results for the first quarter ended September 30, 2005. A copy of this press release is attached hereto as Exhibit 99.1.

The information in this report furnished pursuant to this Item 2.02 and the exhibits hereto shall not be deemed to be "filed" for the purposes of Section 18 of the Securities and Exchange Act of 1934 or otherwise subject to the liabilities of that Section. The information in this report shall not be incorporated by reference into any filing of the registrant with the SEC, whether made before or after the date hereof, regardless of any general incorporation language in such filings.

Item 9.01. Financial Statements and Exhibits.

- (d) Exhibits.
- Press release dated October 24, 2005 of the registrant.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 25, 2005

Natural Alternatives International, Inc.

By: /s/ John Reaves

John Reaves Chief Financial Officer



Natural Alternatives International, Inc. Announces First Quarter Results

SAN MARCOS, CALIF, October 24, 2005 /PRNewswire/ —Natural Alternatives International, Inc. ("NAI") (Nasdaq: NAII), a leading formulator and manufacturer of customized nutritional supplements, today announced net income of \$412,000 or \$0.06 per diluted share on net sales of \$21.7 million for the three months ended September 30, 2005.

First quarter net sales decreased 4% to \$21.7 million from \$22.7 million for the comparable quarter last year. The reduction in net sales resulted primarily from the decrease in private label contract manufacturing sales. Income from operations decreased to \$678,000 from \$1.4 million in the comparable quarter last year. Net income decreased to \$412,000 or \$0.06 per diluted share from \$852,000 or \$0.13 per diluted share for the comparable quarter last year.

As of September 30, 2005, NAI had cash and working capital of \$5.6 million and \$15.3 million compared to \$1.9 million and \$14.4 million at June 30, 2005, respectively. Cash flows from operating activities for the first quarter were \$3.8 million.

President Randell Weaver commented, "An increase in revenue from our largest customer was offset by a reduction in revenue from our second largest and other contract manufacturing customers. As we anticipate the decline in revenue to continue in the second quarter of fiscal 2006, we are responding appropriately to reduce our cost structure and remain profitable. We continue to identify and evaluate acquisition opportunities that could increase product lines, expand distribution channels or enhance manufacturing capabilities."

CEO Mark LeDoux added, "We have made a considerable investment in our recent facility expansion and TGA recertification in an effort to develop new relationships with large, quality

oriented contract manufacturing customers. We believe this strategy is beginning to be rewarded. We have received initial purchase orders from two new customers who are leaders in the direct sales marketing channel. We expect to fill the initial orders in our fiscal third and fourth quarters and are optimistic our relationships with these new customers will continue to grow."

NAI, headquartered in San Marcos, California, is a leading formulator and manufacturer of nutritional supplements and provides strategic partnering services to its customers. Our comprehensive partnership approach offers a wide range of innovative nutritional products and services to the client including: scientific research, clinical studies, proprietary ingredients, customer-specific nutritional product formulation, product testing and evaluation, marketing management and support, packaging and delivery system design, regulatory review and international product registration assistance. For more information about NAI, please see our website at www.nai-online.com.

This press release contains forward-looking statements within the meaning of Section 21E of the Securities Exchange Act of 1934 that are not historical facts and information. These statements represent our intentions, expectations and beliefs concerning future events, including, among other things, receiving continuing support from our larger customers, our expectations and beliefs with respect to future financial and operating results, and our ability to continue to implement our strategic plans and develop and increase sales to new customers. We wish to caution readers these statements involve risks and uncertainties that could cause actual results and outcomes for future periods to differ materially from any forward-looking statement or views expressed herein. NAI's financial performance and the forward-looking statements contained herein are further qualified by other risks including those set forth from time to time in the documents filed by us with the Securities and Exchange Commission, including our most recent Annual Report on Form 10-K and Quarterly Report on Form 10-Q.

SOURCE - Natural Alternatives International, Inc.

CONTACT - John R. Reaves, Chief Financial Officer, Natural Alternatives International, Inc.,

760-736-7700 or investor@nai-online.com.

NATURAL ALTERNATIVES INTERNATIONAL, INC. CONDENSED CONSOLIDATED BALANCE SHEETS (In thousands)

(Unaudited)

	September 30, 2005	June 30, 2005
ASSETS		
Cash and cash equivalents	\$ 5,585	\$ 1,916
Accounts receivable, net	5,929	10,834
Inventories, net	14,079	12,987
Deferred income taxes	451	421
Other current assets	1,120	1,012
Total current assets	27,164	27,170
Property and equipment, net	15,913	16,507
Deferred income taxes	276	276
Other assets	185	185
Total Assets	\$ 43,538	\$44,138
LIABILITIES AND STOCKHOLDERS' EQUITY		
Current liabilities	\$ 11,836	\$12,772
Long-term debt, less current installments	2,772	2,979
Deferred rent	1,266	1,264
Long-term pension liability	221	206
Total Liabilities	16,095	17,221
Stockholders' Equity	27,443	26,917
Total Liabilities and Stockholders' Equity	\$ 43,538	\$44,138
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NATURAL ALTERNATIVES INTERNATIONAL, INC. CONDENSED CONSOLIDATED STATEMENTS OF INCOME

(In thousands, except share and per share data)
(Unaudited)

		Three months ended September 30,		
	20	005		2004
NET SALES	\$ 2	1,733	\$	22,727
Cost of goods sold	1	7,677		17,409
Gross profit		4,056		5,318
Selling, general & administrative expenses		3,378		3,924
INCOME FROM OPERATIONS		678		1,394
Other expense, net		27	_	50
INCOME BEFORE INCOME TAXES		651		1,344
Provision for income taxes		239	_	492
NET INCOME	\$	412	\$	852
NET INCOME PER COMMON SHARE:				
Basic	\$	0.07	\$	0.14
Diluted	\$	0.06	\$	0.13
		_	_	
WEIGHTED AVERAGE COMMON SHARES OUTSTANDING:	C 0.1	2.200	5.1	222.766
Basic shares	6,01	3,390	3,9	923,766
Diluted shares	6,46	9,104	6,4	447,677