FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [®] <u>LEDOUX MARK A</u>				2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> <u>INTERNATIONAL INC</u> [NAII]								elationship of Repo ck all applicable) Director	X 109	% Owner			
(Last) 1185 LINDA VI	(First) STA DR	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/12/2012								Officer (give tit below) CEO	le Oth bek V/Chairman	er (specify w)			
(Street) SAN MARCOS CA 92078 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 					
		Table I -	Non-Deriva	ative	e Securities Ac	quired,	Dis	posed of,	or Be	nefic	iall	y Owned					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, and 5)			4 Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	Amount	(A) or (D)			Reported Transaction(s) (Instr. 3 and 4)						
Common Stock			03/12/20	12		G		1,500	D	(1))	109,062	D				
Common Stock												41,416	I	By IRA			
Common Stock												577,851	Ι	By LeDoux Family Limited Partnership			
Common Stock												7,200	I	By Self as Custodian for Marcelle Jeannette LeDoux			
Common Stock												800	Ι	By Self as Custodian for Jean- Marc Emile LeDoux			
Common Stock												28,000	I	By 401(K)			
Common Stock												171,951	I	By Self as Trustee for the Marie Altmann LeDoux Family Trust			
Common Stock												36,677	Ι	By Self as Trustee for the LeDoux Family Trust U/D/T December 21, 1992			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	e Conversion Date Execution or Exercise (Month/Day/Year) if any		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. r) 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. This transaction represents a donation of the shares to a private institution.

<u>/s/ Ken Wolf on behalf of Mr.</u> <u>LeDoux pursuant to a Power</u> 03/12/2012 of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.