SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 2) *

Natural Alternatives International, Inc.

(Name of Issuer)

Common Stock

(Title of Class of Securities)

638842302

(CUSIP Number)

March 14, 2016

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

	Rule 13d-1(b)	
X	Rule 13d-1(c)	
	Rule 13d-1(d)	
		(Page 1 of 6 Pages)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

		g Persons				
Ec						
	on No. of Above Persons (Entities Only)					
N/A						
	riate box if a member of (a) \square					
a	group*	(b) □				
3. SI	SEC use only					
4. Ci	Citizenship					
Uı	United States					
	5.	Sole Voting Power				
Number of						
Shares	6.	818,118 ¹ Shared Voting Power				
Beneficially	0.	Shared Young 1 01101				
Owned by Each		22,847 ¹				
Reporting	7.	Sole Dispositive Power				
Person with		818,118 ¹				
	8.	Shared Dispositive Power				
9. A		22,847 ¹				
9. A	Aggregate Amount Beneficially Owned by Each Reporting Person					
	840,965 ¹					
	Check Box if the Aggregate Amount in Row □					
9	9 excludes Certain Shares*					
11. P 6	Represented by Amount in Row 9					
12	12.42%					
12. T						
IN	I					

¹See Item 4.

Item 1(a).		e of Issuer: ral Alternatives International, Inc				
Item 1(b).	1185	Address of Issuer's Principal Executive Offices: 1185 Linda Vista Drive San Marcos, California 92078				
Item 2(a).	Name of Person Filing: Edward Borg					
Item 2(b).	Address of Principal Business Office, or if None, Residence: 600 South US Highway 1, Apt. 609 Jupiter, Florida 33477					
Item 2(c).		Citizenship: United States citizen				
Item 2(d).		Title of Class of Securities: Common Stock				
Item 2(e).		P Number: 42302				
Item 3.	If Th	is Statement is Filed Pursuant to Rule 13d-1(b), or 13d-2(b) or (c), Check Whether the Person Filing is a:				
(a)		Broker or dealer registered under Section 15 of the Exchange Act.				
(b)		Bank as defined in Section 3(a)(6) of the Exchange Act.				
(c)		Insurance company as defined in Section 3(a)(19) of the Exchange Act.				
(d)		Investment company registered under Section 8 of the Investment Company Act.				
(e)		An investment adviser in accordance with Rule 13d-1(b)(1)(ii)(E);				
(f)		An employee benefit plan or endowment fund in accordance with Rule 13d-1(b)(1)(ii)(F);				
(g)		A parent holding company or control person in accordance with Rule 13d-1(b)(1)(ii)(G);				
(h)		A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act;				
(i)		A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act;				
(j)		A non-U.S. institution in accordance with Rule 13d-1(b)(1)(ii)(J);				
(k)		Group, in accordance with Rule 13d-1(b)(1)(ii)(K).				
If filing	as a non-	-U.S. institution in accordance with Rule 13d-1(b)(1)(ii)(J), please specify the type of institution:				

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Item 4. Ownership.

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

- (a) Amount beneficially owned: 840,965 shares
- (b) Percent of class: 12.42%
- (c) Number of shares as to which such person has:
 - (i) Sole power to vote or to direct the vote: 818,118 shares
 - (ii) Shared power to vote or to direct the vote: 22,847 shares
 - (iii) Sole power to dispose or to direct the disposition of: 818,118 shares
 - (iv) Shared power to dispose or to direct the disposition of: 22,847 shares

As of the date of filing this statement Mr. Borg may be deemed to be the beneficial owner of an aggregate of 840,965 shares as follows: (i) Mr. Borg beneficially owns an aggregate of 818,118 shares of common stock directly (815,318 in a Keogh account and 2,800 in an IRA account); and (ii) Mr. Borg may be deemed to be the indirect beneficial owner of the 22,847 shares held by his wife, Barbara B. Borg.

According to the Company's Annual Report on Form 10-Q filed on February 9, 2016, as of February 8, 2016, there were 6,768,490 shares of Common Stock issued and outstanding. Accordingly, these 840,965 shares represent, to the best knowledge of Mr. Borg, as of the date of filing of this statement, approximately 12.42% of the issued and outstanding shares of Common Stock.

Mr. Borg has the sole power to vote or direct the vote and to dispose or direct the disposition of the 818,118 shares owned directly by him. Mr. Borg may be deemed to have shared power to vote or direct the vote and shared power to dispose or direct the disposition of the 22,847 shares owned by his wife. Mr. Borg disclaims beneficial ownership of the 22,847 shares currently held by his wife.

Item 5. Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities check the following \square .

N/A

Item 6. Ownership of More Than Five Percent on Behalf of Another Person.

If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, such securities, a statement to that effect should be included in response to this item and, if such interest relates to more than five percent of the class, such person should be identified. A listing of the shareholders of an investment company registered under the Investment Company Act of 1940 or the beneficiaries of employee benefit plan, pension fund or endowment fund is not required.

N/A

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

If a parent holding company or Control person has filed this schedule, pursuant to Rule 13d-1(b)(1)(ii)(G), so indicate under Item 3(g) and attach an exhibit stating the identity and the Item 3 classification of the relevant subsidiary. If a parent holding company or control person has filed this schedule pursuant to Rule 13d-1(c) or Rule 13d-1(d), attach an exhibit stating the identification of the relevant subsidiary.

N/A

Item 8. Identification and Classification of Members of the Group.

If a group has filed this schedule pursuant to ss.240.13d-1(b)(1)(ii)(J), so indicate under Item 3(j) and attach an exhibit stating the identity and Item 3 classification of each member of the group. If a group has filed this schedule pursuant to ss.240.13d-1(c) or ss.240.13d-1(d), attach an exhibit stating the identity of each member of the group.

N/A

Item 9. Notice of Dissolution of Group.

Notice of dissolution of a group may be furnished as an exhibit stating the date of the dissolution and that all further filings with respect to transactions in the security reported on will be filed, if required, by members of the group, in their individual capacity. See Item 5.

N/A

Item 10. Certifications.

"By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under §240.14a–11."

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

/s/ Edward Borg Edward Borg

Date: March 16, 2016