SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

to Section 16.	if no longer subject Form 4 or Form 5	STATEME	NT OF CHANGES IN BENEFICIAL OWN	OMB Number: 3235-0287 Estimated average burden	
Instruction 1(b)	y continue. <i>See</i>	Filed	d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	1	hours per response: 0.5
1. Name and Address of Reporting Person* <u>WOLF KENNETH</u> (Last) (First) (Middle) 1535 FARADAY AVENUE		son*	NATURAL ALTERNATIVES (Check all applic INTERNATIONAL INC [NAIL] Directo		tor 10% Owner er (give title Other (specify
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2024	below	/) below) resident, COO, & Sec.
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Line)	Joint/Group Filing (Check Applicable
(Street) CARLSBAD	СА	92008		1	filed by One Reporting Person filed by More than One Reporting n
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication	1	
			Check this box to indicate that a transaction was made pursuant to satisfy the affirmative defense conditions of Rule 10b5-1(c). See I		uction or written plan that is intended to

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	ity (Instr. 3) 2. Transaction Date 2. Deemed 3. 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and						5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect	
	(Month/Day/Year)	if any (Month/Day/Year)	Code (8)	Code (Instr. 5)			(I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130. 4)
Common Stock	03/07/2024		F ⁽¹⁾		6,533	D	\$5.95	125,053	D	
Common Stock	03/08/2024		A ⁽²⁾		14,500(3)	Α	\$0 ⁽²⁾	139,553	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. This transaction represents a resale of 6,533 shares to the Issuer as payment of the reporting person's tax liability upon vesting of 11,667 shares of restricted stock on March 7, 2024, using the closing stock price on March 7, 2024, of \$5.95 per share.

2. This transaction represents a grant of restricted stock pursuant to the Issuer's 2020 Omnibus Incentive Plan.

3. One third (4,834 shares) of the restricted stock vests on March 7, 2025; one third (4,833 shares) of the restricted stock vests on March 7, 2026, and the final third (4,833 shares) of the restricted stock vests on March 7, 2027.

/s/ Kenneth E. Wolf

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

03/11/2024