FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* WELDON LEE G						2. Issuer Name and Ticker or Trading Symbol NATURAL ALTERNATIVES INTERNATIONAL INC [NAII]								ck all ap	plicable) ctor		Owner
(Last) 1185 LIN	(F IDA VISTA	rst) (MA DRIVE		3. Date of Earliest Transaction (Month/Day/Year) 09/12/2003									belo	er (give title w)	below	(specify	
(Street) SAN MA	RCOS C	A 9	2069		4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Fom	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(S	tate) (Z	Zip)														
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						ion 2A. Deemed Execution Date,			3. Transaction Code (Instr. and 5)					5. Am Secur	nount of	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial
				(,		(Month/Day/Year)) 8) Code	v	Amount	(A (E	() or	Price		wing	Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock 09/1					003	003				300	\top	A	\$4.8	1 4	14,180	D	
Common Stock					2003			P		300		A	\$4.84	1 4	14,480	D	
Common Stock 09/12/					:003			P		100		A	\$4.90	44,580		D	
Common Stock 09/12/2							P		300		A	\$4.9		14,880	D		
		Та	ble II	- Derivati (e.g., pu			ties Acqı warrants							Owned	l		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		if any	emed ion Date,	4. Transac Code (li 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)			1		C C S	. Price f Perivative Security nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber				

Explanation of Responses:

Lee Weldon

09/15/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.