## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> WOLF KENNETH						2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> <u>INTERNATIONAL INC</u> [NAII]										all app Direc		ng Pei	10% C	Owner
(Last) (First) (Middle) 1535 FARADAY AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 09/30/2016									X	Officer (give title below) President ar		t and	Other (specify below) nd COO	
(Street) CARLSE (City)	CARLSBAD CA 92008				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Indiv ne) X	Form	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) Date (Month/Day)					/Year)	Execution Date,			3. Transaction Code (Instr. 8)							Securities Beneficially Owned		Form (D) o	rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A (D	) or )	Price		Repor Trans	ported ansaction(s) str. 3 and 4)		,	(
Common Stock <sup>(1)</sup> 09/30/20					016	16			F		3,578		D	\$13	3.14 13		33,677		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	tion Date,		Transaction Code (Instr.		mber rities ired 5 sed 5 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) Amoun or Numbu		nstr. ount			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	0 F 0 (I 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)		Date Exercisable		Expiration Date	of Title Sha		ares						

Explanation of Responses:

1. This transaction represents a resale of 3,578 shares to the Issuer as payment of the reporting person's tax liability upon vesting of 10,000 shares of restricted stock on October 1, 2016, using the closing stock price on September 30, 2016 of \$13.14 per share.

## /s/ Kenneth E. Wolf

\*\* Signature of Reporting Person

<u>10/04/2016</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.