FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Dunn Alan G					NAT INT	2. Issuer Name and Ticker or Trading Symbol NATURAL ALTERNATIVES INTERNATIONAL INC [NAII]								(Check all ap X Direction Office		ctor er (give title		10% O	wner
(Last) (First) (Middle) 1185 LINDA VISTA DR.						3. Date of Earliest Transaction (Month/Day/Year) 04/25/2008								below) below)					
(Street)					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
SAN MARCOS CA 92078														 X Form filed by One Reporting Person Form filed by More than One Reporting 					
(City)	(S	tate) (Zip)												Perso	n			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution Dat			Transaction Disp			rities Acq ed Of (D)		3, 4 Securi Benefi Owned		cially	Fori (D) (Indi	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code				v	Amoun	nt (A) or (D)		e	Report Transa	llowing ported ansaction(s) str. 3 and 4)		tr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any				ransaction of Code (Instr. Derivative			6. Date Exe Expiration (Month/Day	Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
					Code	v	(A)	(D)	Date Exercisable		piration te	Title	Amount or Number of Shares						
Non- qualified stock option (right to buy)	\$7.667	04/25/2008			A		10,000		(1)	04/	/24/2013	Common Stock	10,000		(2)	50,000		D	

Explanation of Responses:

- 1. The securities vest 34% on April 25, 2009 and an additional 33% on April 25, 2010 and 2011.
- 2. This transaction represents a grant of a stock option pursuant to the Company's 1999 Omnibus Equity Incentive Plan.

/s/ Kenneth Wolf on behalf of Mr. Dunn under a Power of Attorney 04/28/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

- I, the undersigned, hereby appoint Ken Wolf, the Chief Financial Officer of Natural Alternatives International, Inc. (the "Company"), and Randell Weaver, the President of the Company, my true and lawful attorney(s)-in-fact.
- (1) execute for and on my behalf, in my capacity as an officer and/or director of the Company, Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules and regulati
- (2) do and perform any and all acts for and on my behalf that may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney(s)-in-fact, may be of benefit to, and in the best interest of, or legally required by, me.
- I hereby grant to such attorney(s)-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein g

 This Power of Attorney shall remain in full force and effect until I am no longer required to file Forms 3, 4 or 5 with respect to my holdings of and transactions in securities issued by the Company, unless earlier revoked b

 IN WITNESS WHEREOF, I have caused this Power of Attorney to be executed as of February 28, 2008.

/s/ Alan Dunn Signature

Alan Dunn Printed Name