FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

<i>N</i> ashington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response	0.5						

Instruc	etion 1(b).		File	d pursual or Se	nt to S ction 3	Section 16(a) 30(h) of the Ir	of the S vestme	ecuriti nt Cor	es Exchange npany Act of	Act of 19 1940	34		liouis	трег гезропзе.	0.5	
1. Name and Address of Reporting Person* WOLF KENNETH (Last) (First) (Middle) 1535 FARADAY AVENUE					or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol NATURAL ALTERNATIVES INTERNATIONAL INC [NAII] 3. Date of Earliest Transaction (Month/Day/Year) 04/01/2020						neck all app Direct X Office below	olicable) ctor er (give title v)		Owner (specify		
(Street) CARLSI (City)			2008 Zip)	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Lin	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	I - Non-Deriv	ative S	ecui	rities Acq	uired,	Dis	oosed of,	or Ben	eficia	ally Own	ed			
Date		2. Transa Date (Month/E		Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	(A) or (D)	Price	Transa	ction(s) 3 and 4)		(111501.4)	
Common Stock 0			04/01	/2020			A ⁽¹⁾		20,000(2)	A	\$0	15	9,531	D		
		Tal	ole II - Deriva (e.g., p						osed of, o onvertible				d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr) 8)		5. Number of Derivative Securities Acquired (A) or	6. Date Exercisable and Expiration Date (Month/Day/Year)		te ear)	7. Title an Amount o Securities Underlyin Derivative Security (nount of De curities Se derlying (In		9. Number derivative Securities Beneficial Owned Following	Ownershi Form:	Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. This transaction represents a grant of restricted stock pursuant to the Issuer's 2019 Omnibus Incentive Plan.
- 2. One third (6,667 shares) of the restricted stock vests on March 7, 2021; one third (6,667 shares) of the restricted stock vests on March 7, 2022, and the final one third (6,666 shares) of the restricted

Date

Exercisable

(A) or Disposed

of (D) (Instr. 3, 4 and 5)

(A) (D)

/s/ Kenneth E. Wolf

Title

Expiration

Date

Security (Instr. 3 and 4)

Amount Number

Shares

04/02/2020

Following Reported

Transaction(s) (Instr. 4)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.