## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> Dunn Alan G						2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> <u>INTERNATIONAL INC</u> [NAII]									neck all ap X Dire	tionship of Reporting all applicable) Director		10% C	Owner
(Last) (First) (Middle) 1185 LINDA VISTA DR.				3. Date of Earliest Transaction (Month/Day/Year) 06/24/2013										Offic belo	er (give title w)		Other below)	(specify	
(Street)					4. If Ar	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
SAN MARCOS CA 92078													Form	orm filed by More than One Reporting erson					
(City)	(St	ate) (Z	ːip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) Date (Month/Day					y/Year)	Execution Date,						ities Acquired (A) d Of (D) (Instr. 3, 4			Secu	ficially d	6. Owne Form: D (D) or Indirect (Instr. 4	irect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		A) or D)	Price	Repo Trans		(1150.4		(1150. 4)
Common Stock <sup>(2)</sup> 06/24/20					2013	013			Α		4,500	(1)	Α	\$ <mark>0</mark>		8,328	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, ı/Day/Year)		de V		mber ative rities ired . 3, 4 .)	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amoun or Numbe of Title Shares		str. ount nber	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	Own Forn Direc or In (I) (Ir 4)	t (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. One thousand five hundred (1,500) of the securities vest on June 24, 2014; one thousand five hundred (1,500) of the securities vest on June 24, 2015; and the final one thousand five hundred (1,500) of the securities vest on June 24, 2016.

2. This transaction represents a grant of restricted stock pursuant to the Company's 2009 Omnibus Incentive Plan.

## /s/ Alan G. Dunn

\*\* Signature of Reporting Person

06/26/2013 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.