FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Dunn Alan G						2. Issuer Name and Ticker or Trading Symbol <u>NATURAL ALTERNATIVES</u> <u>INTERNATIONAL INC</u> [NAII]									all appl Direct	/		10% O	wner
(Last) 1185 LII	(Last) (First) (Middle) 1185 LINDA VISTA DR.					e of Earliest Transaction (Month/I 9/2007				/Day/Year)				below	(0		Other (specify below)		
(Street) SAN MARCOS CA 92078 (City) (State) (Zip)					-	4. If Amendment, Date of Original Filed (Month/Day/Year)								ine) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				ction	ion 2A. Deemed Execution Date,			3. Transaction Code (Instr. and 5)			urities Act	uired (A)	or 4	5. Amo Securit Benefic Owned	unt of ies cially	Forn (D) c Indii	n: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amoun	it (A (D	or Prio					tr. 4)	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transact Code (In 8)		ion of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Secu	rice ivative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
					Code	v	(A)	(D)	Date Exercisabl		<piration ate<="" th=""><th>Title</th><th>Amoun or Numbe of Shares</th><th></th><th></th><th></th><th></th><th></th><th></th></piration>	Title	Amoun or Numbe of Shares						
Non- qualified stock option (right to buy)	\$8.5	06/29/2007			A		10,000		(1)	06	5/28/2012	Commor Stock	10,00	0	(2)	40,000		D	

Explanation of Responses:

1. The securities vest 34% on June 29, 2008 and an additional 33% on June 29, 2009 and June 29, 2010.

2. This transaction represents a grant of a stock option pursuant to the Company's stock option plan.

/s/ John Reaves on behalf of Mr. Dunn under a Power of

Attorney

07/02/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.